

ABA of North Texas

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Therapy Attendance

As a preventative reminder, please consider that if you qualify for advanced behavior therapy, it is important to be consistent in attending therapy sessions.

Why is consistent attendance this important?

- The client needs regular contact with the therapist familiar with the client's individual needs. This usually increases the rate of progress on individualized goals. In the long run, this is the most cost effective thing to do because the goals will be reached sooner (assuming the child is practicing between sessions).
- As professionals trained in providing specialized therapies, we ethically are to recommend what we believe is needed for the client based on assessment and observation. It is important for families to try as much as possible to follow our recommendations about how much therapy is needed.
- Insurance companies expect their participants to attend recommended treatment on a consistent basis because following the course of treatment recommended for the client is part of efficient use of benefits. We have to document attendance as a part of our records and progress reports.
- The therapist has set aside time in her schedule to be available for you or your child. She usually cannot schedule anyone else for your time. Therapists prepare for your visits prior to appointments. Frequent or late cancellations result in the therapist spending unnecessary time in preparation.

Our financial policy states that the **cancellation must be only in the case of a true illness (fever or sick enough to miss school or go to the doctor) or family emergency. As with other professional services, you will be charged (\$25 per hour of scheduled treatment) for cancellations that do not meet these criteria. One sick day will be allotted per month and make up sessions will be offered the same week of the missed session.** Therapy must be cancelled by 7:30 a.m., or the client will be charged for the missed appointment. Please remember that this fee is not billable to the insurance company so it will be the responsibility of the family. **Our policy stipulates payment for missed therapy unless cancelled due to illness or true emergency. Vacations will require at least 2 weeks advanced notice, with more notice given whenever possible. This allows the therapist to plan for that time.** Thank you for understanding the importance of commitment to therapy for your family member who qualifies for these specialized services.

I have read this information regarding the importance of therapy attendance and understand that I will be charged for late cancellations as stipulated in the financial policy.

Financially responsible party

Date